

Friends Making Friends Connections

Resources by Category

CATEGORY	AGENCY	WEB ADDRESS	CONTACT	ADDRESS	SERVICES
ASSISTED LIVING	Chambrel	sbradley@brookdaleliving.com	220-1839	3800 Treyburn Drive	independent and assisted living, transportation, supportive services
ASSISTED LIVING	Dominion Village	www.dominionvillagewilliamsburg.com	258-3444	4132 Longhill Road Williamsburg, VA 23188	assisted living, memory care, Outpatient rehabilitation, respite/short term stays
ASSISTED LIVING	Morningside	www.fivestarqualitycare.com	221-0018	44 McLaws Circle	assisted living, memory care, Outpatient rehabilitation, respite/short term stays
ASSISTED LIVING	Patriot's Colony	www.patriotscolony.org	220-9000	6000 Patriot's Colony Dr.	independent living for veterans, rehab, assisted living and dementia care
ASSISTED LIVING	Spring Arbor	www.springarborliving.com	565-3583	935 Capital Landing Rd.	assisted living and dementia care
ASSISTED LIVING	Greenfield Senior Living	www.greenfieldseniorliving.com	220-4014	251 Patriot Lane	assisted living and dementia care
ASSISTED LIVING	Windsor Meade	www.windsormeade.org	941-3615	3900 Windsor Hall Dr.	independent, assisted, nursing care, rehab
ASSISTED LIVING	Williamsburg Landing	www.WilliamsburgLanding.com	565-6505	5700 Williamsburg Landing Dr.	assisted living and dementia care
IN HOME MEDICAL CARE	SHARP	www.paainc.org/	873-0541	312 Waller Mill Rd	assessment of home safety and case management \$100 initial fee; sliding scale
IN HOME MEDICAL CARE	Bayada	www.bayada.com	565-5400		nursing, rehabilitative, therapeutic services, hospice
IN HOME MEDICAL CARE	Sentara Home Care Services	http://www.sentara.com/Services/HomeCare	757 736-0700	200 Enterprise Dr. Newport News	nursing, rehabilitative, therapeutic services, hospice
IN HOME MEDICAL CARE	Choose Home Riverside	www.ChooseHome.com	585-2654	120 Kings Way, Suite 3600 Williamsburg, Va 23185	home-based continuing care, case management, wellness assessments, home health aide, transportation
IN HOME MEDICAL CARE	Hope In Home Care	www.hopeinhomecare.org	220-1500	4512 John Tyler Hwy Unit G	nursing, rehabilitative, therapeutic services, live-in, companion

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IN-HOME CARE	AGAPE	www.agapehomecareva.com	229-6115	350 McLaws Circle Suite 11	personal, household and emotional in-home care
IN-HOME CARE	Comfort Keepers	http://www.comfortkeepers.com	229-2777	205 Bulifants Blvd. Suite B	personal, household and emotional in-home care
IN-HOME CARE	Faith in Action	www.wfia.org	258-5890	354 McLaws Circle Ste 2	transportation, visits, light house or yard work
IN-HOME CARE	Hand 'n Heart Home Care Services	http://handnheart.org	565-0216	333 McLaws Circle ste. 2	personal care services/nonmedical
IN-HOME CARE	Home Instead	http://www.homeinstead.com/448/Pages/HomeInst	757-886-1230	555 Denbigh Blvd #B Newport News, VA 23608	companionship, alzheimers, respite, personal services
IN-HOME CARE	Home Heart Senior Care	www.homeheartseniorcare.com	206-1830	6916 Valley Green Williamsburg, VA 23188	companionship, home safety technology, alzheimers, personal services
IN-HOME CARE	Riverside online resources	www.riversideonline.com/services/seniors			variety of health and wellness services
FOOD	Meals on Wheels	http://wmbgmealsonwheels.com	229-9250	227 Richmond Rd.	noon time meals delivered
FOOD	FISH	http://williamsburgfish.weebly.com/	220-9379	312 Waller Mill Rd	food, medical rides
FOOD	SNAP	http://www.jamescitycountyva.gov/socialservices/directions.html	259-3100	5249 Olde Town Rd.	SNAP program food stamps
SAFETY	Housing Partnerships, Inc	awoodall@housingpartnerships.org	221-0225	P.O. Box 441	home repair program for low income home owners
SAFETY	Assisted Technology Loan Fund Authority	www.atfla.org	804-662-9000	1602 Rolling Hills Dr. Ste. 107	loans for vision, hearing, wheelchairs, stair lifts
SAFETY	Caregivers Driving Assessment Checklist	www.CaregiversLibrary.org		online checklist	a guide to assess driving capabilities
SAFETY	Community Action Agency (CAA)	rdodd@wjccactionagency.org	229-9389	312 Waller Mill #408	weatherization help
SAFETY	Eagle Medical Transports	www.EMTVA.com	273-7198	570 Industrial Park Dr.	wheel chair dependent transports

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SAFETY	Free Foundation	shr@free-foundation.org	771-6183	P.O. Box 66207	free rehabilitation Equipment
SAFETY	Help Guide	www.helpguide.org/elder/senior_citizen_driving.htm			resources to resolve health challenges;older drivers safety issues article
SAFETY	JCC Emergency Communications Center	http://www.jamecitycountyva.gov/EOC/index.html	566-0112	3131 Forge Rd.	database for first responders of people with disabilities vision, hearing, bed-ridden
SAFETY	JCC Human Services	denise.kirschbaum@jamecitycountyva.gov	259-3100	5249 Olde Town Rd.	medicaid, fraud,adult protective services
SAFETY	Riverside Life Alert	www.riversideonline.com/services/seniors	856-7030		life alert necklace and information referrals
SAFETY	Scottish Rite Temple	http://www.newportnews-scottishrite.org	599-6617	65 Saunders Rd.	gently used mobility devices
SAFETY	Virginia Livable Home Tax Credit	www.dhcd.virginia.gov	804-371-7091	600 East Main St. Ste. 300	up to \$5,000 tax credit for retrofitting home to universal standards
SAFETY	WMBG Dept of Human Services	www.williamsburgva.gov/index.aspx?page=35	220-6161	401 Lafayette st.	medicaid, fraud,adult protective services
SAFETY	York County Human Services	www.yorkcountypa.gov/health-human-services/human-services-division.html	890-3787	301 Goodwin Neck Road	medicaid, fraud,adult protective services
SAFETY	Center for Excellence in Aging	www.ExcellenceinAging.org	220-4751	3901 Treyburn Dr Suite 100	Driving Evaluations, Geriatric Assessments, research studies

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TRANSPORTATION	Colonial Cabs	http://www.colonialcapitalcabs.com/	221-6221	468 North Boundary Street	transportation
TRANSPORTATION	Disabled American Veterans	http://www.dav.org/	564-3916		provides medical transportation for veterans
TRANSPORTATION	Faith in Action	www.wfia.org	258-5890	354 McLaws Circle Ste 2	non-emergency medical needs, shopping, church, etc (arrange 48 hours in advance)
TRANSPORTATION	FISH		220-9379	312 Waller Mill Rd	food,medical rides
TRANSPORTATION	Local Transportation Listings	www.gowata.org/Pages/AreaTransitProviders.html	220-5493	468 North Boundary Street	local bus and taxi services
TRANSPORTATION	Medicaid Cab		(866)386-8331		medical transport for those with medicaid
TRANSPORTATION	RIDES		259-5414	312 Waller Mill Rd	transport to medical appts.
TRANSPORTATION	Williamsburg Taxi Service		221-0004		transportation
TRANSPORTATION	Eagle Medical	www.EMTVA.com	273-7198	570 Industrial Park Dr.	wheel chair dependent transports
REFERRALS	Community Resource Center	www.uwgw.org/need-help/community-resource-center	229-2222	113 Palace Lane ste.F	referrals income based
REFERRALS	Easy Access	www.easyaccess.virginia.gov	804-662-9333	1610 Forest Ave. ste. 100	website links to many resources for seniors
REFERRALS	PADRN	www.padrn.org	345-6277	312 Waller Mill Rd Ste 105	options planning and referrals
REFERRALS	Senior Services Coalition	http://www.seniorservicecoalition.com/	220-3480	3901 Treyburn Dr. Suite 100	referrals and information
REFERRALS	Senior Navigator	www.seniornavigator.org	804-525-7728	online	online referrals
REFERRALS	Riverside	www.riversideonline.com/services/seniors		online	variety of health and wellness services

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FINANCIAL	Aid in Attendance (veterans)	http://www.veteranaid.org/	825-7893	2019 Cunningham Dr.Suite 406	provide up to \$1900 a month for care(income guidelines)
FINANCIAL	JCC Human Services	denise.kirschbaum@jamecitycountyva.gov	259-3100	5249 Olde Town Rd.	SNAP program food stamps
FINANCIAL	Medicare at a glance	http://www.aarp.org/health/medicare-	binder		describes plan information (AARP)
FINANCIAL	Medicare counselor	www.medicare.gov	(866)758-2386		
FINANCIAL	Ready for retirement checklist	http://www.aarp.org/work/retirement-planning/	binder		planning for retirement (AARP)
FINANCIAL	Reverse Mortgage(NCOA)	www.NCOA.org	202-479-1200	1901 L St. NW	reverse mortgage consumer booklet
FINANCIAL	Social Security Administration	www.ssa.gov/	873-3914	11706 Jefferson Ave.	Benefits
LEGAL	Caring Transitions	www.caringtransitions.net/williamsburgva	634-7979	P.O. Box 6344	transitioning or downsizing help
LEGAL	Williamsburg Estate Services	www.williamsburgestate.com/services	784-7764	P.O. Box 6781	transitioning or downsizing help
LEGAL	Community Action Agency (CAA)		229-9332	312 Waller Mill Rd. #405	legal outreach clinic every 4 months
LEGAL	Crime Line wjcc		253-8677		submit crime information
LEGAL	Crime Line york		890-3400		submit crime information (anonymous)
LEGAL	Crime Victim Assistance Info-Line	www.dcjs.virginia.gov	888-887-3418		Crime victim's rights and referral to local assistance services
LEGAL	Elder Law W&M	http://law.wm.edu/academics/programs/jd/electives/clinics/elder/index.php	221-7440	P.O. Box 8795	legal assistance and financial planning
LEGAL	Sentara Patient Advocate	www.sentara.com/HospitalsFacilities/Hospitals/Pages/patientadvocates.aspx	984-6000	100 Sentara Circle	patient rights in the hospital;advance directives
LEGAL	United Way Legal Assistance		253-2264	5400 Discovery Park Rd. #104 New Town	Lawyer will provide initial meeting pro bono Appointment required. Twice weekly times

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MEDICAL	Angels of Mercy	www.angelsfreeclinic.org	565-1700	7151 Richmond Rd.	free or reduced cost healthcare
MEDICAL	SHARP	www.paainc.org/	873-0541	312 Waller Mill Rd	assessment of home safety and medical case management \$100 initial
MEDICAL	Chronic Disease self management	www.excellenceinaging.org/cdsmp.html	856-7030	3901 Treyburn Bldg.	6 week workshop to deal with chronic conditions ie.arthritis,cardiovascular disease
MEDICAL	Colonial Center for Hearing	www.williamsburghears.com	229-4004	337 McLaws Circle Ste. 3	hearing testing and assistive listening devices
MEDICAL	Colonial Services Board	http://www.colonialcsb.org	220-3200	1657 Merrimac Trail	helps pay for prescriptions
MEDICAL	Deaf and Hard of Hearing Support Group	www.shhh.org	229-3272	108 Charles River Landing Road	provides information, advocacy and support
MEDICAL	Dental Hygiene Clinic TNCC	DentalHygiene@tncc.edu	258-6604	4601 Opportunity Way	low cost dental cleaning and screening
MEDICAL	Medication Access Program		259-5236	5249 Olde Towne Rd.	helps pay for prescriptions
MEDICAL	Olde Towne Medical Center	www.oldetownmedicalcenter.org	259-3258	5249 Olde Town Rd. Ste. D	primary and preventative healthcare services
MEDICAL	Professional Pharmacy of Williamsburg	http://www.epicrx.com/patient/storeDetails.aspx?ID=5238	229-3560	1302 Mount Vernon Dr.	pharmacy home delivery
MEDICAL	Visiting Physicians Association	www.visitingphysicians.com	645-0831	204 Packets Court	in home health care for those who can't get to Dr.'s office
MEDICAL	Williamsburg Drug Company	http://www.williamsburgpharmacyandmedequip.com/	229-1041	240 McLaws Circle	pharmacy home delivery

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MENTAL HEALTH	Bereavement Support	http://www.williamsburghospice.org	206-1177	4445 Powhatan Parway	bereavement support walking groups
MENTAL HEALTH	Chaplain at Sentara		984-7101	100 Sentara Circle	hospital chaplain services (end of life)
MENTAL HEALTH	Colonial Behavioral Health	www.ColonialBehavioralHealth.org	220-3200	1657 Merrimac Trail	mental health treatment
MENTAL HEALTH	Colonial Behavioral Health	www.ColonialBehavioralHealth.org	220-3200	1657 Merrimac Trail	counseling and support services
MENTAL HEALTH	Hospice House	www.williamsburghospice.org	253-1220	4445 Powhatan Parkway	end of life care
MENTAL HEALTH	Peninsula Pastoral Counseling Center	www.peninsulapastoral.org	873-2273	1321 Jamestown Rd.	professional counseling in a faith context
MENTAL HEALTH	Project Life Saver	https://www.jamestownva.gov/police/project-lifesaver.html	603-6022	4600 Opportunity Way	GPS units for wandering Alzheimers patients
MENTAL HEALTH	SBIRT	http://www.excellenceinaging.org	220-4751	3901 Treyburn Dr Suite 100	screening and brief intervention for substance abuse in seniors
MENTAL HEALTH	Sentara Senior Behavioral Health	www.sentara.com/Services/Seniors/Pages/SeniorOutpatientBehavioralHealth.aspx	345-4675	400 Sentara Circle Geddy Bldg. #410	senior counseling
MENTAL HEALTH	The Farley Center	www.farleycenter.com	800-582-6066	5483 Mooretown Rd.	non pharmaceutical chronic pain management and in patient detox
MENTAL HEALTH	The Pavilion	www.pavilionwp.com/our-programs	800-582-6067	5483 Mooretown Rd.	the older adult program -55+ in-patient treatment for depression, delusions
MENTAL HEALTH	Stephen Ministry	http://www.stmartinswmbg.org	229-1111	1333 Jamestown Rd.	individual weekly crisis support/parishioners
MENTAL HEALTH	Pastoral Care		229-1112	1334 Jamestown Rd.	Communion and spiritual support for shut ins

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END OF LIFE	Hospice Respite Support	http://www.williamsburghospice.org	253-1220	4445 Powhatan PKWY	end of life palliative care
END OF LIFE	Grief Support	http://www.williamsburghospice.org	253-1220	4446 Powhatan PKWY	Bereavement Support groups
END OF LIFE	Chaplain at Sentara		984-7101	100 Sentara Circle	in hospital spiritual support
END OF LIFE	Nelson Funeral Home and Crematory	http://www.dignitymemorial.com/nelsen-funeral-home-williamsburg	565-1141	3785 Strawberry Plains Rd.	funeral planning,obituaries and support services
END OF LIFE	Bucktrout Funeral Home	www.bucktroutfuneralhome.net	229-3822	4124 Ironbound Rd.	funeral planning,obituaries and support services
END OF LIFE	Whiting's Funeral Home	www.whittingsfuneralhome.com	229-3011	7005 Pocahantas Trail	funeral planning,obituaries and support services
END OF LIFE	Clerk of the Court	5201 Monticello Ave. Ste. 6	564-2358	501 Monticello Ave. Ste. 6	probate and wills
END OF LIFE	Cedar Grove Cemetary	dbrown2williamsburgva.gov	220-1839	809 South Henry Street	cemetery
END OF LIFE	WMBG Memorial Park Cemetery	www.williamsburgmemorial.com	565-2006	130 King William Drive	cemetery
RESPITE CARE	United Methodist Day Center	cyowell@williamsburgumc.org	229-1771	500 Jamestown Rd.	Alzheimers day center
ALTZHEIMERS	Alzheimer's Association	www.alz.org/seva	221-7272	213 Mclaws Circle Suite 2B	support and information

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SUPPORT GROUPS	Care Giver Support Group (Alzheimer's)	ss Steck@5sqc.com	258-3444	Dominion Village	caregiver support group
SUPPORT GROUPS	caregiver support (alzheimer's)	bgmonteith@verizon.net	253-7595	YMCA	caregiver support group
SUPPORT GROUPS	caregiver support (alzheimer's)	parishrn1@cox.net	229-1771	Williamsburg United Methodist	caregiver support group
SUPPORT GROUPS	caregiver support (alzheimer's)	rboyden1@cox.net	345-6974	Colonial Heritage	caregiver support group
SUPPORT GROUPS	caregiver support (general)	ebony.l.moore@consulatehc.com	229-9991	Consulate Health Care	caregiver support group
SUPPORT GROUPS	caregiver support (general)	mhealy120@aol.com	220-0638	Williamsburg Presbyterian Church	support group
SUPPORT GROUPS	caregiver therapy	lmargeson@colonialbh.org	220-3200	Colonial Behavioral Health	individual and group
SUPPORT GROUPS	Parkinson's (patients and caregiver support)	joanbyrne@verizon.net	898-6674	Williamsburg Landing	support groups
SUPPORT GROUPS	Stroke support groups	becicero@sentara.com	984-9917	Sentara Regional medical Center	support for stroke survivors and family
Online Care Giver Support	caregiver information	www.caregiverstress.com		www.CareGiversLibrary.org	support and information for caregivers
VOLUNTEER	Foster Grandparent program		727-1857	Hampton	volunteer in schools or daycare centers in Williamsburg
VOLUNTEER	Volunteer Opportunities	www.VolunteerWilliamsburg.org		P.O. Box 3495	local volunteer opportunities
ACTIVITIES	Historic Triangle Senior Center	http://www.theseniorcenter.org	259-4187	5301 Longhill Rd.	activities, health fairs, classes
HOUSING 55+	Colonial Heritage	http://www.colonialheritageclub.org		6500 Arthur Hills Dr.	independent living, 55+
HOUSING 55+	Heritage Commons	http://www.heritagecommonssl.com	866-767-5329	236 Commons Way	independent living, 55+
HOUSING 55+	Verena at the Reserve	www.VerenaAtTheReserve.com	888-701-8131	121 Reserve Way	independent living, 55+
HOUSING 55+	Villas at Five Forks	www.villa-communities.com/Williamsburg	realtor	4307 Creekview East	independent living, 55+
SPIRITUAL SUPPORT	St. Martin's Episcopal Church	http://www.stmartinswmbg.org/	229-1111	1333 Jamestown Rd.	Holy Communion and pastoral visitation, funeral planning