

SPIRITUAL LIFE

Seventh in a series of articles about Vestry Commissions.

St. Martin's has a wealth of programs that fall under the banner of **Spiritual Life**. Some are self-explanatory such as ***Bible Study, Youth Community, Lent, Lenten Devotionals and Advent. Ushers and Vergers*** (the folks who make sure everything goes smoothly at each service) also fall under **Spiritual Life**.

The ***Contemplative Prayer*** group meet once a week to read a spiritual passage and pray quietly together. ***Lay Eucharistic Ministers*** (LEM) are those who serve at the altar with the priests during communion. ***Readers*** read the Old Testament reading, Psalm, and Epistle each week. The ***Benedictine group*** meets several times a week for prayer and reading from Psalms. ***Daughters of the King*** vow to abide by rules of prayer and service.

One of the most important areas of **Spiritual Life** is ***Pastoral Care***. Committee members, led by Martha Caruso, keep in contact with parishioners who are ill or shut-in. ***The Order of St. Luke*** is devoted to bringing Christ's healing ministry to all who need physical, spiritual, or emotional healing.

If you are interested in participating in any of the above activities, contact Ron Monark. Ron.monark@mason.wm.edu